Empirical Published Studies

EAGALA Model specific


General Equine Assisted Psychotherapy services (other models utilized or not model specific)


**Review articles**


*Therapy dogs and horses: A review of their mental health effectiveness.* (2012)

**Selected works using qualitative methodology**


Theoretical work

**Equine-facilitated Psychotherapy**


**Experiential Adventure Therapy**


**Animal-Assisted Therapy**


### Academic Papers/Selected unpublished work


### EAGALA 2015 Conference Poster Presentations


Boyce, S., & Illing-Pike, J. (2015, March). The potential of Logotherapy-infused EAGALA model Equine Assisted Learning encounters to awaken youth-at-risk to the realization that there is hope for a life filled with meaning aligned to purpose. Poster session presented at the Equine Assisted Growth and Learning Association Conference, Layton, UT.


Research in the Media

Media coverage of research correlating horses to mental health and personal development benefits.
Alzheimer's Dementia
5 May 2014: The Ohio State University News Room "Caring for Horses Eases Symptoms of Dementia" by Pam Frost Gorder

Anger and Violence
15 July 2011: Psychiatric News "Horses Join Therapy Sessions with Violence-Prone Patients" by Leslie Sinclair

Emotional Intelligence
26 June 2013: The Horse "Horses Teaching Humans about Leadership" by University of Kentucky College of Agriculture, Food, and Environment

Stress
25 April 2014: Mail Online "Why horsing around is good for you: Spending time around stables proven to reduce stress" by Emma Innes

Program Evaluations
2014: Signpost HALTER program evaluation - Program for youth addressing self-esteem, depression, anger, anxiety, and disruptive behaviors: HALTER, Leeds, UK

2013: PTSD with Veterans: EAGALA Model and Veterans Admin Michigan: EAGALA Military Services program: PEACE Ranch, MI


2006: Recidivism juvenile court substance abuse program: Program Eval statistics recidivism, Stone Fox Farm, OH